

Corporate Breakfast



Choose any of the breakfast meeting packages and start your day off right. Breakfast packages can be combined with break packages, themed luncheon packages, to create a customized full or half day meeting package.

SPECIALITY FEATURES

Complimentary use of microphone,
podium & sound system
Complimentary parking
Complimentary wifi access

BOOKINGS

Please contact Amber Jones at
905-381-9828 or by email at
ajones@carmens.com

NOTES



Menu & Bar

BREAKFAST

CONTINENTAL BREAKFAST + \$13*

- ☞ freshly baked croissants, danishes & muffins
- ☞ whole fresh fruit
- ☞ selection of orange & apple juice
- ☞ freshly brewed regular & decaffeinated coffee & tea

DELUXE HOT BUFFET + \$18*

- ☞ freshly baked croissants, danishes & muffins
- ☞ whole fresh fruit
- ☞ selection of orange & apple juice
- ☞ omelets ☞ bacon ☞ breakfast sausage
- ☞ home fries
- ☞ freshly brewed regular & decaffeinated coffee & tea

MEETING BREAKS

MID MORNING BREAK + \$5*

- ☞ banana bread ☞ whole fresh fruits
- ☞ bottled juices
- ☞ infused water station with choice of *citrus (orange/lemon-lime) or cucumber*
- ☞ freshly brewed regular & decaffeinated coffee & tea

GOOD LIVING + \$5*

- ☞ whole seasonal fruits ☞ assorted juices
- ☞ infused water station with choice of *citrus (orange/lemon-lime) or cucumber*
- ☞ freshly brewed regular & decaffeinated coffee & tea

AFTERNOON BREAK + \$5*

- ☞ assorted homemade cookies
- ☞ whole fresh fruit
- ☞ infused water station with choice of *citrus (orange/lemon-lime) or cucumber*
- ☞ freshly brewed regular & decaffeinated coffee & tea

THEMED LUNCHEON BUFFETS

ITALIAN + \$25*

- ☞ cheese tortellini in alfredo
- ☞ meat tortellini in Pomodoro
- ☞ chicken cacciatore
- ☞ caprese salad
- ☞ herb roasted vegetables
- ☞ artisan baked breads
- ☞ Venetian & Sicilian cannolis

HEALTHY + \$25*

- ☞ quinoa salad
- ☞ crudite with hummus
- ☞ lean ground turkey taco salad with *salsa, avocado & roasted corn*
- ☞ Moroccan sweet potato soup
- ☞ tropical fruits
- ☞ roasted vegetable focaccia & whole wheat breads

COLD BUFFET + \$25*

- ☞ pretzel bun sandwiches
- ☞ herb tortilla wraps
- ☞ potato salad
- ☞ seasonal mixed greens salad
- ☞ assorted gourmet pastries

ASIAN + \$25*

- ☞ sticky soy & sesame glazed chicken tenders
- ☞ coconut shrimp
- ☞ fried rice
- ☞ steamed vegetables
- ☞ spring rolls
- ☞ white & whole wheat bread rolls
- ☞ mango sticky rice shooters

PRICING NOTES

*All prices are subject to 13% HST. Listed prices per person are based on a minimum of 75 people (Sunday to Thursday). Prices subject to change without notice.
