



CARMENS
EVENT CENTRE

Corporate

MEETINGS PACKAGE



Features

- Full-day meeting package includes use of projector, podium, and sound system
- Breakfast and choice of hot or cold lunch buffet
- Dinner and bar packages and other enhancements are available, please inquire.

Contact our sales team to book your event!
info@carmens.com | 905-387-9490



Menu

BREAKFAST

ASSORTED PASTRIES

SLICED FRESH FRUIT

SELECTION OF JUICES

COFFEE & TEA STATION

INFUSED WATER ON TABLES

ADD A HOT BREAKFAST FOR \$8 PER PERSON

includes fresh cracked scrambled eggs, smoked bacon, sausage links, and home fries

COLD LUNCH

*artisan breads and
butter and sliced
fresh fruit included*

CARMENS SIGNATURE SALAD

radicchio, romaine, iceberg, and baby kale tossed in a citrus vinaigrette and topped with heirloom cherry tomatoes, blackberries, and crispy shallots

PASTA SALAD

penne pasta tossed with crisp vegetables and house dressing

ARTISAN DELI SANDWICHES

freshly prepared sandwiches and wraps, including cured meats, premium cheeses, fresh vegetables, and house-prepared spreads

HOT LUNCH

*artisan breads and
butter included*

*[click here](#) to see
our vegan options*

CARMENS SIGNATURE SALAD

radicchio, romaine, iceberg, and baby kale tossed in a citrus vinaigrette and topped with heirloom cherry tomatoes, blackberries, and crispy shallots

PENNE, FARFALLE, OR ROTINI

served with your choice of sauce:
tomato basil - alfredo - rosé - bolognese

CHOICE OF ONE

BRAISED CITRUS CHICKEN

tender braised chicken topped with a citrus glaze and served with herb-smashed potatoes and charred broccoli

CHICKEN CACCIATORE

tender chicken braised in a flavourful tomato sauce served with roasted potatoes and seasonal vegetables

ROASTED CHICKEN SUPREME

served with roasted potatoes and seasonal vegetables and topped with your choice of sauce:
lemon garlic reduction - bacon spinach asiago cream

AFTERNOON BREAK

ASSORTED COOKIES AND PASTRIES

BARISTA STATION

featuring coffee, tea, and espresso

\$54* per person

*Prices subject to Facility Fee (18%) and HST (13%), are based on a minimum of 50 guests, and are subject to change without notice. Smaller groups accommodated with room rental fee. Dietary accommodations available.