

Full Day Conferences



An ideal package for an all day meeting. Featuring a continental breakfast, two coffee breaks and a themed luncheon.

SPECIALITY FEATURES

Complimentary use of microphone,
podium & sound system
Complimentary parking
Complimentary wifi access
Eight hours of room rental

BOOKINGS

Please contact Stephanie Figueroa
at 905-381-9828
or by email at
sfigueroa@carmens.com

PRICING: \$30* PER PERSON

*All prices are subject to 13% HST.
Listed prices per person are based on a
minimum of 75 people (Sunday to Thursday).
Prices subject to change without notice.

For audio visual support please contact Jamie at
jamie@soundboxpro.com



Menu & Bar



CONTINENTAL BREAKFAST

- ☞ freshly baked croissants, danishes & muffins
- ☞ whole fresh fruit
- ☞ selection of orange & apple juice
- ☞ freshly brewed regular & decaffeinated coffee & tea

MORNING BREAK

- ☞ replenished coffee & tea

LUNCHEON BUFFET

Choice of one:

ITALIAN

- ☞ cheese tortellini in alfredo
- ☞ meat tortellini in Pomodoro
- ☞ chicken cacciatore
- ☞ caprese salad
- ☞ herb roasted vegetables
- ☞ artisan baked breads
- ☞ Venetian & Sicilian cannolis

HEALTHY

- ☞ quinoa salad
- ☞ crudite with hummus
- ☞ lean ground turkey taco salad with *salsa, avocado & roasted corn*
- ☞ Moroccan sweet potato soup
- ☞ tropical fruits
- ☞ roasted vegetable focaccia & whole wheat breads

COLD BUFFET

- ☞ pretzel bun sandwiches
- ☞ herb tortilla wraps
- ☞ potato salad
- ☞ seasonal mixed greens salad
- ☞ assorted gourmet pastries

ASIAN

- ☞ sticky soy & sesame glazed chicken tenders
- ☞ coconut shrimp
- ☞ fried rice
- ☞ steamed vegetables
- ☞ spring rolls
- ☞ white & whole wheat bread rolls
- ☞ mango sticky rice shooters

AFTERNOON BREAK

- ☞ assorted homemade cookies
- ☞ replenished coffee & tea

NOTES

