

# Corporate Breakfast



Choose any of the breakfast meeting packages and start your day off right. Breakfast packages can be combined with break packages, themed luncheon packages, to create a customized full or half day meeting package.

## **SPECIALITY FEATURES**

Complimentary use of microphone,  
podium & sound system  
Complimentary parking  
Complimentary wifi access

## **BOOKINGS**

Please contact Stephanie Figueroa  
at 905-381-9828  
or by email at  
sfigueroa@carmens.com

## **NOTES**

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# Menu & Bar

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## BREAKFAST

### CONTINENTAL BREAKFAST + \$13\*

- ☞ freshly baked croissants, danishes & muffins
- ☞ whole fresh fruit
- ☞ selection of orange & apple juice
- ☞ freshly brewed regular & decaffeinated coffee & tea

### DELUXE HOT BUFFET + \$18\*

- ☞ freshly baked croissants, danishes & muffins
- ☞ whole fresh fruit
- ☞ selection of orange & apple juice
- ☞ omelets ☞ bacon ☞ breakfast sausage
- ☞ home fries
- ☞ freshly brewed regular & decaffeinated coffee & tea

## MEETING BREAKS

### MID MORNING BREAK + \$5\*

- ☞ banana bread ☞ whole fresh fruits
- ☞ bottled juices
- ☞ infused water station with choice of *citrus (orange/lemon-lime) or cucumber*
- ☞ freshly brewed regular & decaffeinated coffee & tea

### GOOD LIVING + \$5\*

- ☞ whole seasonal fruits ☞ assorted juices
- ☞ infused water station with choice of *citrus (orange/lemon-lime) or cucumber*
- ☞ freshly brewed regular & decaffeinated coffee & tea

### AFTERNOON BREAK + \$5\*

- ☞ assorted homemade cookies
- ☞ whole fresh fruit
- ☞ infused water station with choice of *citrus (orange/lemon-lime) or cucumber*
- ☞ freshly brewed regular & decaffeinated coffee & tea

## THEMED LUNCHEON BUFFETS

### ITALIAN + \$25\*

- ☞ cheese tortellini in alfredo
- ☞ meat tortellini in Pomodoro
- ☞ chicken cacciatore
- ☞ caprese salad
- ☞ herb roasted vegetables
- ☞ artisan baked breads
- ☞ Venetian & Sicilian cannolis

### HEALTHY + \$25\*

- ☞ quinoa salad
- ☞ crudite with hummus
- ☞ lean ground turkey taco salad with *salsa, avocado & roasted corn*
- ☞ Moroccan sweet potato soup
- ☞ tropical fruits
- ☞ roasted vegetable focaccia & whole wheat breads

### COLD BUFFET + \$25\*

- ☞ pretzel bun sandwiches
- ☞ herb tortilla wraps
- ☞ potato salad
- ☞ seasonal mixed greens salad
- ☞ assorted gourmet pastries

### ASIAN + \$25\*

- ☞ sticky soy & sesame glazed chicken tenders
- ☞ coconut shrimp
- ☞ fried rice
- ☞ steamed vegetables
- ☞ spring rolls
- ☞ white & whole wheat bread rolls
- ☞ mango sticky rice shooters

### PRICING NOTES

\*All prices are subject to 13% HST. Listed prices per person are based on a minimum of 75 people (Sunday to Thursday). Prices subject to change without notice.

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